

The North Simcoe Family Health Team (NSFHT) is seeking a **full time, permanent**.

Job Title: Occupational Therapist – Seniors Program

Salary range: \$38.48 - \$40.83 per hour

Reports to: Clinical Director

The NSFHT is a multi-disciplinary team located in Midland Ontario. We provide primary care, education, and counselling services to patients in the North Simcoe Community. We offer a friendly, collaborative, and professional environment.

Position Summary:

The North Simcoe Family Health Team (NSFHT) is seeking a compassionate and skilled Occupational Therapist (OT) to join our Seniors Program. The OT will provide client-centered assessment and intervention to support older adults in maintaining independence, safety, and quality of life. Working within an interdisciplinary primary care team, the OT will address functional, cognitive, mobility, and environmental needs of seniors and their caregivers.

Responsibilities

- Conduct comprehensive occupational therapy assessments for seniors, including functional abilities, cognition, mobility, falls risk and home safety.
- Develop and implement individualized goal-oriented care plans focused on independence, aging in place, and quality of life.
- Provide interventions related to activities of daily living (ADLs), energy conservation, adaptive equipment, and environmental modifications.
- Deliver falls prevention strategies, mobility recommendations, and safety education.
- Support seniors with chronic disease management, cognitive changes, frailty, and functional decline.
- Provide education and support to caregivers and family members.
- Collaborate closely with physicians, nurse practitioners, nurses, social workers, clinical coordinator, and other allied health professionals.
- Participate in interdisciplinary case conferences and care planning.
- Coordinate referrals to community services and supports (geriatric services, assistive devices programs).
- Maintain accurate and timely clinical documentation in electronic medical records (Accuro).

Note: The above is intended to describe the general nature of the work being performed by the incumbent of this job. It is not intended to be an exhaustive list of all responsibilities associated with this role.

Qualifications

- Master of Science in Occupational Therapy
- Current registration in good standing with the College of Occupational Therapists of Ontario (COTO)
- Experience working with seniors in primary care, community health, rehabilitation, or long-term care settings.
- Strong knowledge of geriatric care, aging-related conditions, and functional assessment.
- Experience with falls prevention, home safety assessments, and assistive devices.
- Excellent communication, organizational, and teamwork skills.
- Ability to work independently and collaboratively within an interdisciplinary team.
- BCLS.
- Assistive Device Program (ADP) authorizer status may be preferred for prescribing mobility and ADP equipment.

Compensation & Benefits

The NSFHT offers a competitive compensation package, including participation in the Healthcare of Ontario Pension Plan (HOOPP), comprehensive extended health and dental benefits, and paid time off.

Work Schedule:

This is a full-time, permanent position with a standard 37.5-hour work week, Monday to Friday.

Interested, qualified candidates should send their resume and cover letter to Ashlee Hood, Executive Assistant, North Simcoe Family Health Team, at: info@nsfht.ca

We thank all applicants for their interest. Only those selected for an interview will be contacted.

The North Simcoe Family Health Team is committed to an inclusive recruitment process. Accommodations are available upon request for candidates taking part in all aspects of the selection process.

Job Description

Occupational Therapist

As an Occupational Therapist (OT) within the Seniors Program of the North Simcoe Family Health Team, you provide client-centered assessment, intervention, education, and advocacy to older adults (usually 65+) to maximize independence, safety, quality of life, and participate in meaningful daily activities. You work collaboratively within an interprofessional team to support seniors living independently or with chronic health conditions.

Roles and Responsibilities:

Clinical Assessment & Intervention

- Conduct comprehensive geriatric assessments to identify seniors' abilities, challenges, and goals related to daily living (self-care, mobility, cognition, home safety, etc.).
- Develop, implement, and monitor individualized occupational therapy care plans.
- Provide direct therapy to help improve or maintain physical, cognitive, and psychosocial function.
- Prescribe, fit, and educate clients on assistive devices or adaptive equipment to support independence.

Education & Support

- Educate seniors and their caregivers/families about strategies, home modifications, energy, conservation, and adaptive techniques.
- Deliver health promotion initiatives on topics like fall prevention, safe mobility, cognition, and functional skills.

Collaboration & Communication

- Collaborate with community partners (e.g., home and community care, Specialized Geriatric Services, etc.) to coordinate education and referrals.
- Collaborate with physicians, nurse practitioners, social workers, dietitians, and other health professionals for holistic care planning.
- Communicate findings, recommendations, and progress through clear documentation and care meetings.
- Refer or link clients to community resources, long-term care services, and support programs when needed.

Program Development & Quality Improvement

- Participate in or lead group programs (classes, education, workshops) tailored to seniors and caregivers.
- Contribute to development, evaluation, and improvement of seniors' services with the NSFHT.
- Maintain accurate, timely, and confidential clinical documentation in accordance with organization policies and College of Occupational Therapists of Ontario standards.
- Collects and report data as required for program evaluation, quality improvement and ministry reporting.
- Contribute to the development and evaluation of programs and services.

Quality, Documentation & Compliance

- Maintain accurate, timely, and confidential documentation in accordance with NSFHT policies and PHIPA.
- Participates in data collection, reporting, and evaluation related to program outcomes and funder requirements.
- Adhere to standards of practice and ethical guidelines set by the College of Occupational Therapists of Ontario (COTO).

Qualifications & Requirements

- Master's degree in Occupational Therapy and eligibility for registration.
- Current registration in good standing with the College of Occupational Therapists of Ontario.
- Strong understanding of aging processes, chronic disease management, and functional assessment.
- Excellent communication, interpersonal and problem-solving skills.
- Ability to work independently and collaboratively with an interprofessional team.
- Assistive Device Program (ADP) authorizer status may be preferred for prescribing mobility and ADP equipment.

Working Environment

- Workplace is typically primary care setting (NSFHT office) but may include home visits or community outreach.
- Collaborative, interprofessional team environment focused on seniors' health and independence.
- Occasional flexible hours may be required.

Objectives of this Role

- Enhance functional independence and safety of seniors in their homes and community.
- Support clients and caregivers through education and skill building.
- Promote participation in meaningful daily activities.
- Contribute to improved health outcomes and reduced risk of disability.