



NO REFERRAL REQUIRED, PLEASE PROVIDE THIS FORM TO THE PATIENT

Date

Patient Name:

Date of Birth:

Home Phone:

Address:

Provider:

Notes:

SINGLE SESSION COUNSELLING CLINIC

Single Session appointments are available
In Office, Phone Call or Virtual

To request an appointment please call: 705-526-7804 ext 215

******* No Referral Required *******

- OHIP covered, free of charge.
- Services available to individuals and families. If a child is under 10 years old, it is often helpful for parents/caregivers to attend the first appointment on their own.
- Following the Single Session, you can choose to go on the waitlist for ongoing short-term services.
- We strive to encourage health promotion, disease prevention and client self-management.
- If more intervention is required, we will develop a plan together and facilitate appropriate referrals to community and psychiatric resources.
- Any further questions, please call 705-526-7804 X 215 and leave a voicemail.