

Family Health Teams (FHTs) adopt a patient-centered approach to primary health care that brings together physicians, nurses, nurse practitioners, dietitians, social workers, and other health care professionals to coordinate the highest possible quality of care for patients when they need it, as close to home as possible. FHTs are a key component of Ontario's health care plan to reduce wait time, improve access to care and keep Ontarians healthy.

The North Simcoe Family Health Team (NSFHT) is currently seeking someone to fill the following position:

**Registered Dietitian – 18-month Contract Full Time**  
**Salary \$74,148.00**

The diabetes education program is seeking a Registered Dietitian who has taken specialty courses in diabetes education, prevention, and management of disease. The dietitian is an active member of a multidisciplinary team, providing education for the prevention and management of diabetes, as per current Clinical Practice.

**Qualifications:**

- Registered Dietitian and in good standing with the College of Dietitians of Ontario.
- Current registration as a Certified Diabetes Educator (CDE), an asset.
- Ability to screen and assess patients requiring therapeutic nutrition care; develop appropriate care plans; develop and deliver group programs and collaborate with other members of the healthcare team.
- Excellent communication skills, written and oral and an ability to interact with a team using various method with the ability to work independently and in group settings.
- Excellent organizational and time management skills, ability to self-direct and further the promotion of the involved programs.
- Demonstrate an ability in problem solving and decision-making skills and advocate for patient needs.
- Ability to work competently with various software programs such as Microsoft Office and Electronic Medical Record (EMR) with preference given to Accuro.

Qualified applicants should email a cover letter and resume to:  
Ashlee Hood, Executive Assistant at [info@nsfht.ca](mailto:info@nsfht.ca)

For a full job description, Roles and Responsibilities, visit our web site at [www.nsfht.ca](http://www.nsfht.ca)

Thank you to all applicants, only those selected for an interview will be contacted.

NSFHT recognizes that everyone is a unique and valued member of the community and will therefore be treated with fairness and openness.

## Job Description

### Registered Dietitian – Diabetes Program

The Registered Dietitian in the diabetes education program has specialized in diabetes education, prevention, and management of the disease through advanced courses, placements and/or self-directed learning. The dietitian is an active member of a multidisciplinary team, providing education for the prevention and management of diabetes, as per current Clinical Practice Guidelines. They are instrumental in meeting the needs of the diabetes community, using a variety of teaching methods and principles of adult education to engage with clients to enhance diabetes self-management in group and individual settings. Collaboration and communication with physicians, specialists, and nurse practitioners to evaluate patient progress will be essential to achieve desired patient outcomes. Working in collaboration with an interdisciplinary team, the Registered Dietitian will share expertise and knowledge of disease prevention and healthy living with patients and their families, as well as other health care professionals.

### Roles and Responsibilities:

#### Assessment

- Screens, prioritizes, and processes patient referrals based on established criteria
- Provides direct patient care including assessments, planning, intervention and monitoring for the prevention of complications and management of diabetes, taking into consideration ethnocultural backgrounds and the social determinants of health.
- Reviews patient clinical information obtained through physician referral, laboratory reports and health records
- Adhere to best practice guidelines and delegated medical directives.
- Provides individual counseling e.g., gestational, hypoglycemia
- Screen patients as a group to identify common areas of nutrition related conditions where group sessions would be beneficial
- Assists with diabetes supplies, e.g., Monitoring for Health, Syringe for Seniors Program and Pharmaceutical assistance programs based on patient need

#### Planning

- Develops and discusses appropriate individualized health care plan with the patient based on best practices
- Based on evidence and best practice and in partnership with other community partners, collaborates in development of goals and objectives, services and activities, outcome measures and evaluation for community, group, or population programming
- Reviews current literature & resources to support preparation of education materials and tools as promoted by Diabetes Canada Clinical Practice Guidelines
- Manages reviews and makes recommendations regarding protocols for community education

### **Implementation**

- Works in collaboration with interdisciplinary team to provide appropriate care and education safely and effectively to people living with diabetes
- Provides education to support and meet the learning needs of the patient and/or family member
- Recommends and adapts teaching to the patient's identified health needs, revising treatment protocols as required
- Utilizes and has knowledge in diabetes technologies such as Continuous Glucose Monitors, and cloud-based platforms for data sharing such as Libreview, Dexcom Clarity, etc.
- Maintains up to date records in EMR to communicate with clients and referring providers, ensuring continuity of care
- Facilitates group education sessions and activities using the principles of adult education and evidence from Diabetes Canada Clinical Practice Guidelines
- Participates in community capacity building activities
- Documentation according to the NSFHT policy & procedures using patient health records within the EMR
- Refers to recommended programs and services, arranging follow-up as necessary

### **Evaluation**

- Evaluates patient comprehension and adherence to the care plan by reviewing clinical and learning outcomes
- Monitor for key diabetes indicators including A1c, BP & Lipid profile to help identify risks for developing complications
- Participates in the evaluation of outcomes of group, population or community programming and its effectiveness
- Advocates for the rights and needs of patients and/or caregivers

### **Professional Development**

- Maintains and develops professional competence through ongoing professional development. Fully participates in the Quality Assurance Program of the College of Dietitians of Ontario
- Stays current and aware of opportunities to implement new, evidenced-based methods of patient assessment, treatment, and programming
- Participates in self-directed learning to ensure that practice remains relevant by attending professional conferences, e-learning and scholarly journal reviews
- Participates on interdisciplinary committees to promote professional / interpersonal development
- Participates in clinical projects/studies as required

### **Education/Experience:**

- Completion of a four-year undergraduate university degree from an accredited university program in foods and nutrition or equivalent
- Accredited internship of a minimum of 35 weeks
- Three to five years clinical counseling and community nutrition experience (preferred)
- Experience in program development, implementation, monitoring and evaluation

- Registration with the College of Dietitians of Ontario
- Current Ontario Driver's License (preferred)
- Certified Diabetes Educator (CDE) with the Canadian Diabetes Educator Certification Board (CDECB) considered an asset